

# Your rights and options

## *I think I was sexually assaulted ...*

### **When can I seek medical attention?**



Ideally within 5 days, even if you do not want to file a police report. A health care provider can:

- Check you for injuries
- Discuss concerns such as sexually transmitted infections, HIV and pregnancy
- Talk with you about evidence collection (called a PERK exam, it's anonymous, free and does not require a commitment to report)

### **When can I go to the police?**

**Any time.**

VCU Police are available 24/7 to discuss your options or take a report. You can:

- Ask for a victim/witness officer — officers are prepared to believe you, listen without judgment and provide resources
- Request an officer by gender

**EMERGENCY  
911**

 **VCU  
POLICE** (804) 828-1234

Richmond City Police: (804) 646-5100

### **When can I report the assault to the university?**

**Any time.**

Reports can be made online. Administrative investigations are conducted by Equity and Access Services and coordinated through Laura Rugless, Title IX coordinator, (804) 828-6404. Accommodations may include:

- No-contact orders
- Modifications to living or work arrangements
- Class schedule adjustments



### **Where to go**

**WITHIN  
5  
DAYS**

VCU Medical Center's forensic nursing office, 1250 E. Marshall St., (804) 628-0623

**AFTER  
5  
DAYS**

University Student Health Services, 1300 W. Broad St., Suite 2200, (804) 828-8828

If you are unsure of which facility to choose, go to VCU Medical Center, or visit one of these Richmond-area hospitals.

### **When can I seek additional confidential support?**

**Any time.**

The VCU Wellness Resources Center, (804) 828-9355, and University Counseling Services, (804) 828-6200, are available to support you, listen to you and believe you. You are not alone.



Off-campus confidential resources include:

- Greater Richmond Regional Hotline (804) 612-6126 (24/7)
- LGBTQ Partner Abuse and Sexual Assault Hotline (866) 356-6998 (Monday-Friday, 8 a.m. to 8 p.m.)

This project was supported by grant No. 2013-WA-AX-0011 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions and recommendations expressed here are those of the author(s) and do not necessarily reflect the views of the Department of Justice's Office on Violence Against Women.

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